



Tired • Irritable • Depressed • Loss Of  
Appetite • Increased Susceptibility To  
Illness • Reduced Decision Making  
Ability • Reduced Communication  
Skills • Reduced Productivity &  
Performance • Reduced Attention  
And Vigilance • Reduced Ability To  
Handle Stress On The Job • Reduced  
Reaction Time • Loss Of Memory  
Or Ability To Recall Detail •  
Failure To Respond To Changes  
In Surroundings Or Information  
Provided • Increased Errors In  
Judgement .....

A Drug User? No. Simply  
A Tired Pilot Flying A  
Plane.

***FATIGUE  
CAN BE  
FATAL***

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